



**Media Contact**

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# NEWS RELEASE

## **Every Heart Matters 5k Scheduled for Saturday, May 11**

**HINESVILLE, Ga. (February 5, 2019)** – The City of Hinesville is teaming up with WomenHeart Hinesville, Liberty County School System and Liberty Regional Medical Center to host the WomenHeart Hinesville “Every Heart Matters” 5k and health fair on Saturday, May 11 at Bryant Commons Park from 8 a.m. – 11 a.m.

WomenHeart: the National Coalition for Women with Heart Disease was founded in 1999 by three survivors of heart disease – Nancy Loving, Jackie Markham and Judy Mingram. Each had a heart attack in their 40s and underwent significant rehabilitation afterwards. The organization was founded with the intention to educate women about the dangers of heart disease. Additionally, WomenHeart provides support to women diagnosed with heart disease through a series of local chapters headed by recovering/recovered patients.

The WomenHeart Hinesville “Every Heart Matters” 5k is a collaborative effort between several entities in the city of Hinesville to promote health living in our community. Registration for the 5k will begin online on Wednesday, February 20 at the following link:

<https://runsignup.com/Race/GA/Hinesville/WomenHeartHinesvilleEveryHeartMatters5k>

The registration fee schedule is as follows:

**Online Registration (2/11/19 - 4/19/19)**

Registration Only (no t-shirt): \$5.00/runner

Registration Fee and T-shirt: \$10.00/runner

**Online Registration (4/20/19 – 5/3/19)**

Registration Only (no t-shirt): \$15.00

**Late Online Registration (5/4/19 – 5/8/19)**

Registration Only (no t-shirt guaranteed): \$20

**Day-Of Registration (5/11/19) - will be CASH only and take place in front of the horse barn**

Registration Fee: \$25.00/runner



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**PLEASE NOTE: The t-shirt deadline for this race is Friday, April 19, 2019 at 11:59 p.m.** Registration prices do not include online processing fees. After the t-shirt deadline has passed, participants who register will not be guaranteed a t-shirt. Extra shirts will be available on a “first come, first served” basis for participants who registered outside of the deadline during early and day-of packet pickup.

Early packet pickup will be from 5 – 7 p.m. at the Liberty County Board of Education. Race day registration and packet pickup will begin at 6:45 – 7:40 a.m. in front of the stables and will be ***cash only***.

The race will begin at 8 a.m. and the health fair will begin at 9 a.m.

Awards will be given for the top three overall finishers of the 5k at 9:30 a.m. at the Amphitheater.

Questions about the 5k portion of this event can be sent to the Race Director at [wmorris@cityofhinesville.org](mailto:wmorris@cityofhinesville.org). Organizations interested in becoming a vendor for the health fair should contact Sandy Wells at [sandy.wells@libertyregional.org](mailto:sandy.wells@libertyregional.org).

This event serves as a kickoff to the City of Hinesville’s Healthy Hinesville initiative, which will feature events and programs focused on promoting health and wellness for Hinesville residents. Healthy Hinesville will host several events throughout the year, including 5ks, scavenger hunts and other activities designed to get residents outside and active. A calendar of events will be published on the City of Hinesville [website](#) by Monday, April 1.

**ABOUT THE CITY OF HINESVILLE:**

The [City of Hinesville](#) was established in 1837 and is recognized as one of the fastest growing cities in the State of Georgia in both size and population. As the largest city in Liberty County, it serves as the county seat and is home to more than 35,000 people. For more information, visit [cityofhinesville.org](http://cityofhinesville.org).

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